

Panineeya Institute Of Dental Sciences And Research Institute
kamalanagar, dilsukhnagar, Hyderabad, Telangana, 500060.

International yoga day PMVIDS,21ST June,2025

YOGA FOR ONE EARTH, ONE HEALTH

The 11th international yoga day was celebrated with great enthusiasm and spirit by post graduate students, undergraduate students and staff of Panineeya institute of dental sciences, with the theme - **YOGA FOR ONE EARTH, ONE HEALTH**, where the importance of Pranayama-Breathing exercises for the well- being of mind and body was conducted by yoga guru Ismail Guruji founder of guru Nilayam yoga training centre, sarooranagar, Hyderabad.

It was conducted under the able guidance of Dr.P.Karunakar, Principal, and Organised by Dr.Rekha rani , Head of the department, Department of Periodontics, Dr.G.Ashalata, Prof, Department of oral and maxillofacial pathology, Dr.PadmaReddy, Prof, Department of Public health dentistry, NSS Programme officer









