

# WORLD NO TOBACCO DAY

31<sup>st</sup> May 2024

On World No Tobacco Day 2024, the Department of Public Health Dentistry, Panineeya Mahavidyalaya Institute of Dental Sciences and Research Centre celebrated No-Tobacco Day on 31<sup>st</sup> May. The program comprised the following activities:

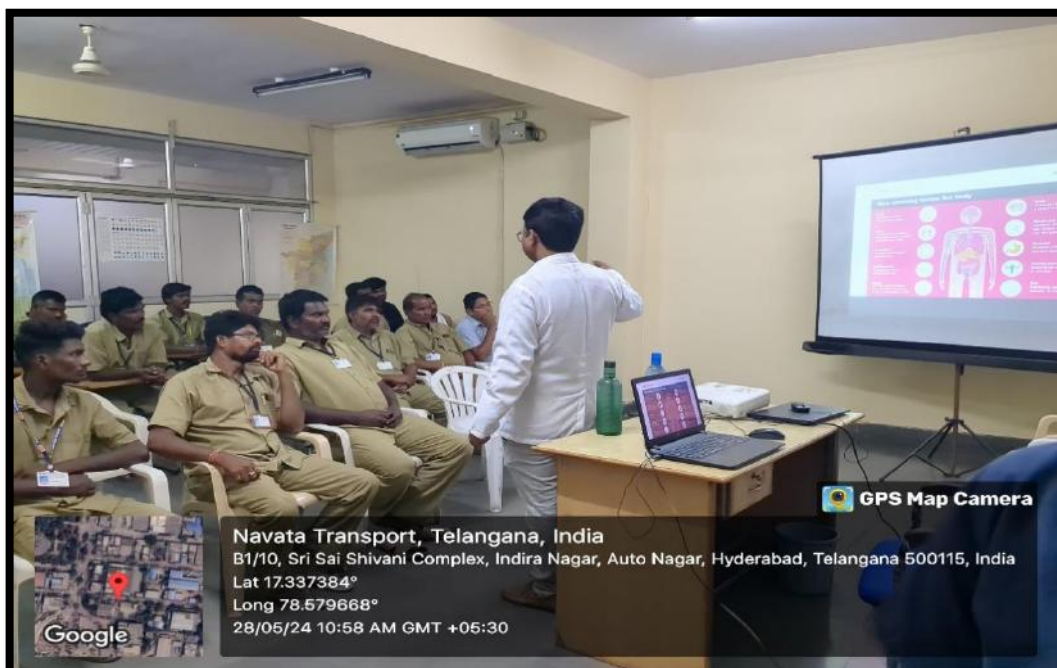
1. Dental screening and health education camp for Navata Transport workers, Autonagar on 28-05-24.
2. All the staff and students participated in the “No Tobacco Pledge” not to consume any tobacco products in his/her life organized by the Ministry of Health and Family Welfare on 29-05-24.
3. Walkathon on 31-05-24 for creating awareness of health and economic risks associated with tobacco use, and was based on the theme “Protecting Children from Tobacco Industry Interference”
4. Patients were encouraged and participated in the “No Tobacco Pledge “not to consume any tobacco products in his/her life on 31-05-24.
5. Conducted competitions for undergraduate students:
  - ✚ Poster competition on the theme “Take Down Tobacco Because”
  - ✚ Photography competition on theme “Tobacco, the silent killer of our society”

**World No Tobacco Day, 31<sup>st</sup> May 2024**

World No Tobacco Day- Theme 2024: “**Protecting Children from Tobacco Industry Interference**”.



# Dental Screening and Health Education Camp for Navata Transport workers, Autonagar



**“No Tobacco Pledge” by staff and PG students organized by the Ministry of Health and Family Welfare**

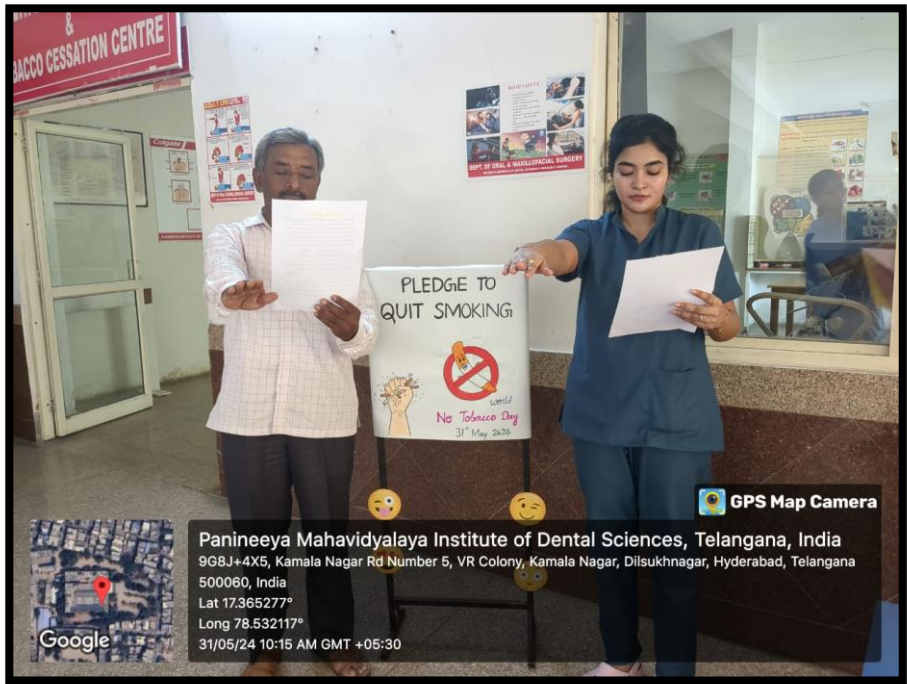


# Walkathon – 2K Awareness walk Theme: “Protecting Children from Tobacco Industry Interference”.

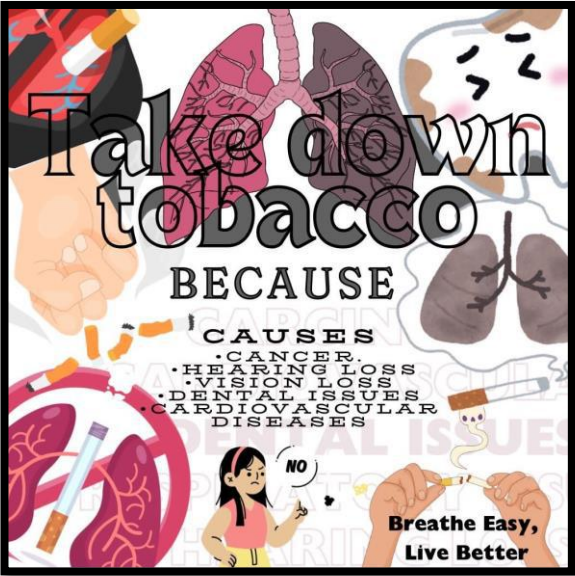
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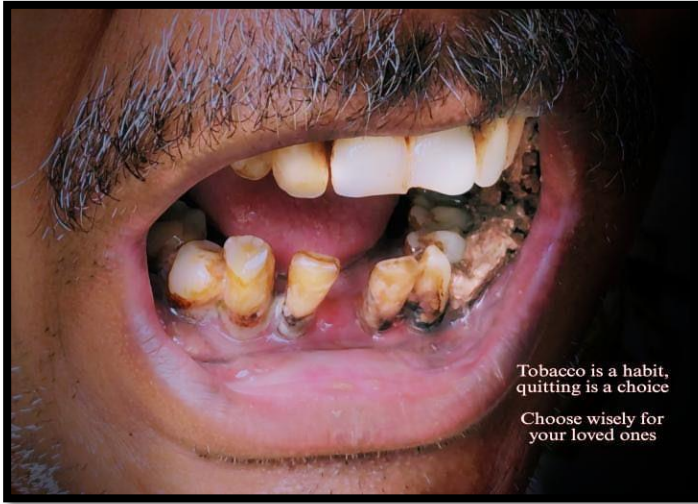
# “No Tobacco Pledge” by Patients



Poster competition on the theme "Take Down Tobacco Because"



Photography competition on theme "Tobacco, the silent killer of our society"



**Tobacco, The Silent Killer Of Our Society**

Essence of oral cancer is that it strikes with the most potency, the toughest are found when the dawn is still dark.  
Difficulties should remind us that gold shines as bright as the flame you put and diamonds are made under pressure! Hence never give up and quit tobacco chewing. Take a step towards tobacco free healthy world!  
#saynototobacco #oralcancerawareness #hope #quitgutka  
Happy World No Tobacco Day!  
Anigha Fatima Shareef 3rd year, Falcons



"A Joy for a Moment can ruin your life Permanently"

